



Naugatuck Valley Health District

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Date: March 28, 2018
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PRESS RELEASE

The Naugatuck Valley Health District is celebrating National Public Health Week 2018, April 2, 2018 – April 8, 2018

“During the first full week of April each year, the American Public Health Association (APHA) brings together communities across the United States to observe National Public Health Week as a time to recognize the contributions of public health and highlight issues that are important to improving our nation's health” (American Public Health Association, 2018).

The APHA has identified the following public health topics for this year's National Public Health Week:

Monday, April 2, 2018: Behavioral Health
Tuesday, April 3, 2018: Communicable Diseases
Wednesday, April 4, 2018: Environmental Health
Thursday, April 5, 2018: Injury and Violence Prevention
Friday, April 6, 2018: Ensuring the Right to Health

Join Naugatuck Valley Health District in observing National Public Health Week 2018 and become part of a growing movement to create the healthiest nation in one generation. We are excited to announce the following community events during National Public Health Week 2018. All community members are invited! Please monitor our website (www.nvhd.org) for any inclement weather updates.

Monday 4/2: Narcan Training

NVHD, Naugatuck Valley Medical Reserve Corps, BHcare's Alliance for Prevention & Wellness and the AmeriCorps are teaming up to host a free community Narcan training at the Ansonia Public Library (53 S Cliff St., Ansonia CT 06401) from 5:30PM-7:00PM. A limited supply of free Narcan kits are available from the Naugatuck Valley Overdose Prevention & Education (N.O.P.E.) Campaign. Please register online at <https://bit.ly/2GgrhMN>.

Wednesday 4/4: "Nature Walk"

NVHD and The Kellogg Environmental Center invite you for a 1-hr nature walk beginning at the Kellogg Environmental Center (500 Hawthorne Ave., Derby, CT 06418). Free Blood Pressure Screenings will be provided by NVHD's Public Health Nurse beginning at 11:30AM. The walk will begin promptly at 12:00PM and conclude at 1:00PM. Registration is not required, but preferred: <https://bit.ly/2Gjz34u>.

Friday 4/6: "Riverwalk"

Join NVHD for a walk beginning at the Riverwalk Park in Ansonia (41 Division St., Ansonia CT 06418)! The walk will begin promptly at 7:30AM and will conclude at 8:30AM. Registration is not required, but preferred: <https://bit.ly/2Gjz34u>.

Also, be sure to follow us on Facebook, Twitter and Instagram for information on the daily topics during the week!

END

Ansonia ● Beacon Falls ● Derby



Naugatuck ● Seymour ● Shelton

NAUGATUCK VALLEY HEALTH DISTRICT CELEBRATES



“During the first full week of April each year, the American Public Health Association (APHA) brings together communities across the United States to observe National Public Health Week as a time to recognize the contributions of public health and highlight issues that are important to improving our nation's health.”

-APHA, 2018

Follow us on Social Media for tips and health topics each day!



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WWW.NVHD.ORG

COMMUNITY ACTIVITIES

Monday 4/2: Narcan Training

When: 5:30PM–7:00PM

Where: Ansonia Public Library

53 S Cliff St., Ansonia CT 06401

*A limited supply of free Narcan kits available

Register: <https://bit.ly/2GgrhMN>

Wednesday 4/4: Nature Walk

11:30AM: Blood Pressure Screenings

12:00PM - 1:00PM : Guided Walk

Where: Kellogg Environmental Center

500 Hawthorne Ave., Derby, CT 06418

Register: <https://bit.ly/2Gjz34u>

Friday 4/6: Riverwalk

7:30AM –8:30AM : Guided Walk

Where: Ansonia Riverwalk Park

41 Division St., Ansonia CT 06418

Register: <https://bit.ly/2Gjz34u>

Inclement weather updates will be posted on our website and social media*