

## Acknowledgements

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For further information about this directory and the Valley Maternal Health Coalition, please contact:

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# Naugatuck Valley Maternal & Reproductive Health Resource Directory



*Revised 01/2018*

# Naugatuck Valley Maternal & Reproductive Health Resource Directory

General Information	Cornell Scott - Hill Health Center	Charger Health Center @ Ansonia High School	Griffin Hospital	Women's Health Center	Dr. Alexander A. Carrese, Obstetrician-Gynecologist	Dr. Neelima Kaushal, Obstetrician-Gynecologist	Dr. Cynthia M. Ronan, Obstetrician-Gynecologist	Dr. Scott A. Vander Vennet, Obstetrician-Gynecologist	StayWell Health Center	Dr. Michael Kessler, Obstetrician-Gynecologist
Location	121 Wakelee Ave # 5 Ansonia, CT 06401	20 Pulaski Hwy Ansonia, CT 06401	130 Division St Derby, CT 06418	4 Corporate Dr #484 Shelton, CT 06484	299 Seymour Ave Derby, CT 06418	435 New Haven Ave # 2 Derby, CT 06418	300 Seymour Ave, Suite 108 Derby, CT 06418	2 Ivy Brook Rd #125 Shelton, CT 06484	30 Church St Naugatuck, CT 06770	1) 300 Seymour Ave, Suite 102 Derby, CT 06418 2) 131 Bridge Ave Naugatuck, CT 06770 3) 30 Quarker Farms Rd, Suite 1 Southford, CT 06488
Appointment phone Administration phone	(203) 503- 3570 (203) 503-3573	203-736-6977 <b>Enrolled students only</b>	(203) 732-7101	(203) 944-9898	(203) 735-3347	(203) 734-1990 (203) 734-3220	(203) 736-6383	(203) 954-0080	(203) 805-4929 N/A	(203) 516-5303
Type of facility	Community Health Center	School Based Health Center	Hospital	Medical office	Medical office	Medical office	Medical office	Medical office	Federally Qualified Health Center	Medical office
Facility operated by	Non-profit	Griffin Hospital	Non-Profit	Private, for-profit entity	Private, for-profit entity	Private, for-profit entity	Private, for-profit entity	Private, for-profit entity	Non-Profit	Private, for-profit entity
Bilingual/Multilingual staff	Yes - Spanish	No	Yes - Spanish, Polish, Italian	Yes - Chinese	Yes - Spanish	Yes - Hindi, Punjabi, Urdu	Yes - Spanish, Bosnian, Croatian	Yes - Spanish	Yes - Spanish, Portugese, Albanian	Yes - Spanish
Make appointments by	Phone, In-office	Phone, In-office	Phone, Email	Phone, Email, In-office	Phone	Phone	Phone	Phone, Email, In-Office	Phone, Email (Patient Portal), In-office	Phone
Accessible through public transportation?	Yes - Busline	No	Yes - Valley Transit if qualified	Yes - Busline	Yes - Valley Transit if qualified	Yes - Busline, Valley Transit if qualified	Yes - Valley Transit if qualified	Yes - Valley Transit if qualified	Yes - Busline/Rail	Yes - Busline, Valley Transit if qualified
Typical hours of operation for women's health services	Mon, Tues, Fri 8:00 AM - 5:00 PM Wed, Thurs 8:00 AM - 7:00 PM	Mon - Fri: 8:00 AM - 1:00 PM <b>Enrolled students only</b>	N/A	Mon: 9:00 AM - 11:30 AM; 1:00 PM - 4:30 PM Tues: 9:00 AM - 11:30 AM; 1:00 PM - 6:00 PM Wed: 7:30 AM - 11:30 AM; 1:00 PM - 3:00 PM Thur: 9:00 AM - 11:30 AM; 1:00 PM - 4:30 PM Fri: 7:30 AM - 11:30 AM; 1:00 PM - 3:00 PM	Mon: 8:30 AM - 12:00 PM; 1:00 PM - 5:30 PM Tues: 8:30 AM - 12:00 PM; 1:00 PM - 5:30 PM Wed: 4:00 PM - 8:00 PM Thur: 8:30 AM - 12:00 PM; 1:00 PM - 5:30 PM Fri: 8:30 AM - 12:30 PM	Mon: 9:30 AM - 1:00 PM Tues: 11:00 AM - 6:30 PM Wed: 9:00 AM - 5:00 PM Thur: 11:00 AM - 4:30 PM Fri: 10:00 AM - 11:30 AM	Mon: 9:00 AM - 4:30 PM Tues: 12:00 PM - 7:30 PM Wed: 9:00 AM - 5:30 PM <i>Thur: 9:00 AM - 11:45 AM (for ultrasounds only)</i> Fri: 9:00 AM - 4:30 PM	Mon: 9:00 AM - 12:00 PM; 1:10 PM - 7:00 PM Tues: 9:00 AM - 12:00 PM; 1:10 PM - 5:00 PM Wed: 9:00 AM - 12:00 PM; 1:10 PM - 3:00 PM Thur: 9:00 AM - 12:00 PM; 1:10 PM - 7:00 PM Fri: 9:00 AM - 12:00 PM; 1:10 PM - 3:00 PM	Preventive Gyn services only by APRN for Staywell patients: Mon, Thurs, Fri - 8:00 AM - 4:30 PM and Wed 8:00 AM - 1:00 PM	<b>Derby Office</b> Mon: 8:30 AM - 4:30 PM Tues: 1:00 PM - 4:30 PM Wed: 8:30 AM - 4:30 PM Thur: 1:00 PM - 4:30 PM Fri: 8:30 AM - 4:30 PM <b>Naugatuck Office</b> Tues: 8:30 AM - 12:00 PM <b>Southford Office</b> Thur: 8:30 AM - 12:00 PM
Time until appointment available for new patients	Same day, in most cases	Same day	N/A	Same day	Immediate, if needed.	Same day	Same day	Immediate, if needed.	Immediate	Immediate, if needed.
<b>Prevention Services for Women</b>	<b>Cornell Scott - Hill Health Center</b>	<b>Charger Health Center @ Ansonia High School</b>	<b>Griffin Hospital</b>	<b>Women's Health Center</b>	<b>Dr. Alexander A. Carrese, Obstetrician-Gynecologist</b>	<b>Dr. Neelima Kaushal, Obstetrician-Gynecologist</b>	<b>Dr. Cynthia M. Ronan, Obstetrician-Gynecologist</b>	<b>Dr. Scott A. Vander Vennet, Obstetrician-Gynecologist</b>	<b>StayWell Health Center</b>	<b>Dr. Michael Kessler, Obstetrician-Gynecologist</b>
Breast cancer screening	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mammograms	✓		✓				✓	✓		✓
Contraception counseling	✓	✓		✓	✓	✓	✓	✓	✓	✓
Pregnancy counseling		✓		✓	✓	✓	✓	✓	✓	✓
Infertility assessment				✓	✓	✓	✓	✓		✓
Nutrition counseling		✓	✓	✓			✓		✓	✓
HPV vaccination	✓	✓		✓	✓		✓			✓
Other vaccines specific to women's health		All vaccines offered except herpes zoster		Flu				Flu		Flu, Hepatitis, Shingles, Gardasil, Tdap, Pneumonax
Ovarian cancer screening	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Pap smears & cervical cancer screening	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
STD screening	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Substance abuse screening	✓	✓		✓			✓	✓	✓	✓
Other		Mental health screening and services		Postpartum depression support					Mental health screening and medication are available	Suboxone treatment for opioid use disorder

Diagnosis & Treatment for Women's Health	Cornell Scott - Hill Health Center	Charger Health Center @ Ansonia High School	Griffin Hospital	Women's Health Center	Dr. Alexander A. Carrese, Obstetrician-Gynecologist	Dr. Neelima Kaushal, Obstetrician-Gynecologist	Dr. Cynthia M. Ronan, Obstetrician-Gynecologist	Dr. Scott A. Vander Venet, Obstetrician-Gynecologist	StayWell Health Center	Dr. Michael Kessler, Obstetrician-Gynecologist	
Endometriosis diagnosis and treatment		✓	<ul style="list-style-type: none"> <li>• Complete radiology &amp; cardiology services</li> <li>• Complete laboratory services</li> <li>• Surgical services</li> </ul>	✓	✓	✓	✓	✓	StayWell Health Center's primary facility in Waterbury offers a full range of primary care and some specialty services, such as Ob/Gyn, Infectious Disease/HIV (Ryan white program), Dental, Behavioral Health, Podiatry, etc.	✓	
Endometrial Biopsy				✓	✓		✓	✓		✓	✓
Osteoporosis diagnosis and treatment	✓			✓	✓		✓	✓		✓	✓
Incontinence diagnosis and treatment	✓			✓	✓		✓	✓		✓	✓
Sexual Dysfunction diagnosis and treatment				✓	✓		✓	✓		✓	✓
Vaginal Infections diagnosis and treatment	✓	✓		✓	✓		✓	✓		✓	✓
Polycystic Ovary Syndrome diagnosis and treatment		✓		✓	✓	✓	✓	✓		✓	✓
Colposcopy				✓	✓	✓	✓	✓		✓	✓
Hysteroscopy				✓	✓	✓	✓	✓			✓
Ultrasound				✓	✓	✓	✓	✓		✓	✓
Non-Stress testing and Fetal Monitoring				✓	✓	✓	✓	✓		✓	✓
Birth Control Pills	✓			✓	✓	✓	✓	✓		✓	✓
Birth Control Subdermal Implant				✓				✓		✓	✓
Diaphragm				✓	✓	✓	✓	✓		✓	✓
Condoms				✓				✓			✓
Intrauterine Device				✓	✓	✓	✓	✓		✓	✓
Essure				✓	✓			✓		✓	✓
Treatment for STDs	✓	✓		✓	✓	✓	✓	✓		✓	✓
Venereal warts treatment				✓	✓	✓	✓	✓		✓	✓
LEEP procedure				✓	✓	✓	✓	✓		✓	✓
Office cryoablation				✓			✓	✓	✓		
Prenatal care			✓	✓	✓	✓	✓	✓	✓		
Postpartum services			✓	✓	✓	✓	✓	✓	✓		
Menopause management			✓	✓	✓	✓	✓	✓	✓		
Are there any other services that would benefit female patients that you do not currently offer?	Yes - dermatology, podiatry, orthopedics, pediatrics, suboxone	Diagnostic treatment but will refer to local GYN for any positive findings of pregnancy, ovarian or uterine disease (except for STI, which are treated at the Health Center).	No	No	No	No	No	No	No	No	
Does your health facility offer health services for transgender patients?	No	Yes - Offer primary care and mental health services but refer out for desired hormone or surgical intervention.	Yes	No	Yes	Yes	N/A	Yes	Yes	Yes	

Providers	Cornell Scott - Hill Health Center	Charger Health Center @ Ansonia High School	Griffin Hospital	Women's Health Center	Dr. Alexander A. Carrese, Obstetrician-Gynecologist	Dr. Neelima Kaushal, Obstetrician-Gynecologist	Dr. Cynthia M. Ronan, Obstetrician-Gynecologist	Dr. Scott A. Vander Vennet, Obstetrician-Gynecologist	StayWell Health Center	Dr. Michael Kessler, Obstetrician-Gynecologist
How many providers are available for women's health services at your facility?	2	1	Although the OB/GYNs are not Griffin employees, several have privileges within the organization	6	1	1	1	2	1 (APRN effective spring 2017)	1
Are your providers accepting new patients?	Yes	Yes	N/A	Yes	Yes	Yes	Yes	Yes	Yes	Yes
List of Providers	Cornell Scott - Hill Health Center	Charger Health Center @ Ansonia High School	Griffin Hospital	Women's Health Center	Dr. Alexander A. Carrese, Obstetrician-Gynecologist	Dr. Neelima Kaushal, Obstetrician-Gynecologist	Dr. Cynthia M. Ronan, Obstetrician-Gynecologist	Dr. Scott A. Vander Vennet, Obstetrician-Gynecologist	StayWell Health Center	Dr. Michael Kessler, Obstetrician-Gynecologist
Provider 1	Colleen Linari APRN	Holly Major, APRN	N/A	Michael O'Reilly, M.D.	Alexander A. Carrese, M.D.	Neelima Kaushal, M.D.	Cynthia M. Ronan, M.D.	Scott A. Vander Vennet, M.D.	APRN	Dr. Michael Kessler
Provider 2	Veronica Egbunike, APRN			Lealani Rodriguez, M.D.				Cathie Miller, CNM		
Provider 3				Xiaolan Fei, M.D.						
Provider 4				Regina Fitzgerald, M.D.						
Provider 5				Cayla Allard, PA-C						
Provider 6										
Accepted Insurance	Cornell Scott - Hill Health Center	Charger Health Center @ Ansonia High School	Griffin Hospital	Women's Health Center	Dr. Alexander A. Carrese, Obstetrician-Gynecologist	Dr. Neelima Kaushal, Obstetrician-Gynecologist	Dr. Cynthia M. Ronan, Obstetrician-Gynecologist	Dr. Scott A. Vander Vennet, Obstetrician-Gynecologist	StayWell Health Center	Dr. Michael Kessler, Obstetrician-Gynecologist
Aetna	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Anthem BC/BS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CIGNA	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
ConnectiCare	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Golden Rule			✓	✓	✓	✓	✓	✓		✓
Harvard Pilgrim			✓	✓		✓	✓	✓		✓
HUSKY	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Medicaid	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Medicare	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
TriCare			✓	✓	✓	✓	✓	✓	✓	✓
United HealthCare	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Insurance Questions	Cornell Scott - Hill Health Center	Charger Health Center @ Ansonia High School	Griffin Hospital	Women's Health Center	Dr. Alexander A. Carrese, Obstetrician-Gynecologist	Dr. Neelima Kaushal, Obstetrician-Gynecologist	Dr. Cynthia M. Ronan, Obstetrician-Gynecologist	Dr. Scott A. Vander Vennet, Obstetrician-Gynecologist	StayWell Health Center	Dr. Michael Kessler, Obstetrician-Gynecologist
Do you offer reduced fees to underinsured patients?	Yes	Yes	Yes	Yes	Yes	No	No	No	Yes	Yes
Do you provide payment plan opportunities?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Do you make care available to undocumented individuals?	Yes	Yes	Yes	Yes	Yes	Yes	N/A	Yes	Yes	Yes

Other Resources

General Information	Child First	Naugatuck Valley Health District	Nurturing Families Network	TEAM, Inc. Early Head Start Home Based	Valley United Way	WIC (part of Waterbury office)	
Address	30 Elizabeth Street Derby, CT 06418 (Parent Child Resource Center a division of BHCare)	98 Bank Street Seymour, CT 06483	VNA / SCC 1 Long Wharf Drive, Suite 501 New Haven, CT 06511	30 Elizabeth Street Derby, CT 06418	54 Grove Street, Suite 1 Shelton, CT 06484	98 Bank Street Seymour, CT 06483	Satellite Sites By Appointment Only
Phone Number	(203) 954-0543 ext. 4151	(203) 881-3255	(203) 859-6059	203-736-5420 ext. 205	(203) 926-9478	(203) 888-1271	
Website	www.childfirst.org or www.bhcare.org	www.nvhd.org	www.vnascc.org	www.teaminc.org	www.valleyunitedway.org	None	Naugatuck Senior Center Address: 300 Meadow St, Naugatuck, CT 06770
Hours of Operation	Mon. - Thurs. 9:00-7:00 by appointment and Fri: 9:00 AM - 2:00 PM	By appointment only Mon- Fri: 8:30 AM - 4:00 PM	Mon - Fri: 8:00 AM - 4:30 PM	Mon - Fri: 8:30 AM - 4 :00PM	N/A	Mon, Wed, Thurs, Fri 8:00 AM - 5:00 PM Tues 9:00 AM - 6:00 PM	Hours of Operation: 1 <sup>st</sup> & 4 <sup>th</sup> Thursday each month 9:00 AM - 3:00 PM
Program Fees	No fee	Tdap vaccine: \$20	No fee	No fee	N/A	No fee	
Eligibility	<ul style="list-style-type: none"> <li>Must be a resident of Ansonia, Derby or nearby towns</li> <li>Pregnant woman or child from birth through five years of age</li> <li>Children with difficult behaviors, delays in their development or learning (such as anger and fighting, risk of being expelled from childcare, sadness, or late language)</li> <li>Families with many stresses (such as feeling alone or hopeless, fighting in the home, drug use, homelessness, without enough money for food or rent, or involvement with the child welfare system)</li> <li>Index child and the primary caregivers are the main targets for service; all family members receive support and referrals as needed</li> <li>No exclusion criteria (i.e. parental substance abuse, severe parental mental illness, foster care, homelessness, undocumented status)</li> </ul>	<p>Tdap vaccine available for:</p> <ul style="list-style-type: none"> <li>Pregnant women (especially those between 27-36 weeks gestation)</li> <li>Postpartum women</li> <li>Household contacts of pregnant women</li> <li>Household contacts and caregivers of infants under the age of 12 months</li> </ul> <p>Tdap vaccine recipient must be 19 years of age and older.</p> <p>Call for further information on flu shots.</p>	<p>Must be a resident of:</p> <ul style="list-style-type: none"> <li>Ansonia</li> <li>Beacon Falls</li> <li>Bethany</li> <li>Derby</li> <li>East Haven</li> <li>Hamden</li> <li>Milford</li> <li>Naugatuck</li> <li>Orange</li> <li>Oxford</li> <li>Seymour</li> <li>Shelton</li> <li>Stratford</li> <li>Trumbull</li> <li>West Haven</li> <li>Woodbridge</li> </ul> <p>AND</p> <p>Must be expectant 1<sup>st</sup> time or 2<sup>nd</sup> time parents or</p> <p>Must be 1<sup>st</sup> time or 2<sup>nd</sup> time parents of a child age 0-6 years.</p>	<p>Must be a resident of:</p> <ul style="list-style-type: none"> <li>Ansonia</li> <li>Beacon Falls</li> <li>Bethany</li> <li>Derby</li> <li>Milford</li> <li>Orange</li> <li>Oxford</li> <li>Seymour</li> <li>Shelton</li> <li>Woodbridge</li> </ul> <p>AND</p> <p>Must be pregnant and/or have a child or children ages birth up to 3 years old.</p>	N/A	<p>Those eligible must:</p> <ol style="list-style-type: none"> <li>Be in one of the following categories: <ul style="list-style-type: none"> <li>Pregnant women</li> <li>Breastfeeding women</li> <li>Non-breastfeeding (postpartum) women <ul style="list-style-type: none"> <li>Infants</li> <li>Children (up to the age of 5)</li> </ul> </li> </ul> </li> <li>Live in Connecticut (you do not have to be a US citizen)</li> <li>Meet the WIC income guidelines</li> <li>Be at nutritional risk (low-iron level, underweight, poor eating habits, failure to thrive, etc.)</li> </ol>	<p>Plumb Memorial Library</p> <p>Address: 65 Wooster St N, Shelton, CT 06484</p> <p>Hours of Operation: 3<sup>rd</sup> Friday each month 9:00 AM - 3:00 PM</p> <p>TEAM, Inc. Building</p> <p>Address: 30 Elizabeth St, Derby, CT 06418</p> <p>Hours of Operation: 2<sup>nd</sup> Wednesday each month 9:00 AM - 3:00 PM</p>
Services Provided	<p>Provides:</p> <ul style="list-style-type: none"> <li>intensive in-home intervention with a team of clinician and care coordinator, once a week or more, in your home or community,</li> <li>clinician provides dyadic parent-child therapy to address attachment, trauma issues, behavioral or developmental problems and parent guidance to build responsive and nurturing home environments</li> <li>hands on care coordination and case management to connect with community based services and address barriers to service access</li> <li>consultation to your child's teacher or child care provider</li> <li>team develops a family-driven treatment plan of supports and services, reflecting family culture, goals, priorities, strengths and needs</li> <li>consultation and training for community partners</li> </ul>	<p>Offers Tdap vaccine which is a combination vaccine that contains 3 components:</p> <ul style="list-style-type: none"> <li>Tetanus</li> <li>Diphtheria</li> <li>Pertussis (Whooping Cough)</li> </ul> <p>Flu shots are also provided by appointment only, from ages 3 and up.</p> <p>Call for further information.</p>	<p>Provides:</p> <ul style="list-style-type: none"> <li>free home visits for expectant first and second time parents, and first and second time parents of infants age 0-6 years.</li> <li>Visits are to help new parents learn how to care for their baby and adjust to the many demands of becoming a parent.</li> <li>Visits can be provided for up to the child's 6th year of age.</li> </ul> <p>Services include:</p> <ul style="list-style-type: none"> <li>child development and parenting education</li> <li>parenting support</li> <li>information &amp; referrals to needed services so that first and second time families have support and access to community resources which can strengthen their family.</li> </ul>	<p>Provides:</p> <ul style="list-style-type: none"> <li>90 minute weekly home visit per enrolled family bringing toys, games, books, etc.</li> <li>2 weekly play group sessions per month for parents and children</li> <li>free monthly diapers and wipes through the Diaper Bank</li> <li>books, materials, and more</li> </ul> <p>Connections are also made for families that might need:</p> <ul style="list-style-type: none"> <li>housing assistance</li> <li>economic asset building</li> <li>Toys 4 Kids</li> <li>employment support</li> <li>insurance information</li> <li>car seats, etc.</li> </ul> <p>An RN Lactation Consultant is available for home visits with pregnant moms and moms who have just given birth, providing info on breastfeeding and discussing the childbirth experience.</p>	<p>The purpose of this organization is to raise, invest, and leverage funds annually to help support 25 health &amp; human service organizations whose work benefits those living in our 5 Valley towns.</p> <p>The focus of efforts are on preparing youth to succeed, strengthening families, and helping people in crisis.</p> <p>Also we collaborate with all sectors of society (individual, business, non-profit, and government) to create long-term social change that produces healthy, educated, and financially stable individuals and families.</p>	<p>Electronic Benefits Card to buy healthy foods:</p> <ul style="list-style-type: none"> <li>infant cereal</li> <li>iron-fortified adult cereal</li> <li>vitamin C-rich fruit or vegetable juice</li> <li>eggs</li> <li>milk</li> <li>cheese</li> <li>peanut butter</li> <li>dried and canned beans/peas</li> <li>canned fish</li> <li>soy-based beverages</li> <li>tofu</li> <li>fruits and vegetables</li> <li>baby foods</li> <li>whole wheat bread &amp; other whole-grain products</li> </ul> <p>* Participant eligibility redetermination occurs every 12 months following the initial certification for infants and children under 5 years of age.</p> <p>WIC also provides:</p> <ul style="list-style-type: none"> <li>Nutrition education</li> <li>Info and help with breastfeeding</li> <li>Referrals to health &amp; social service programs</li> </ul>	initial