



NAUGATUCK VALLEY HEALTH DISTRICT

JUNE 2022 NEWSLETTER

Serving Ansonia, Beacon Falls, Derby, Naugatuck, Seymour, & Shelton

NVHD

98 Bank Street
Seymour, CT

SPOTLIGHT

Monkeypox: What
You Should Know (1)

What Is NVHD Up To
This Month? (2)

- Pool Season is Here! (2)
- QPR Training (2)
- Extreme Heat Presentation (2)
- June Donation Drive: Naugatuck Animal Control (2)

COVID-19 Vaccine
Clinic Schedule (2)

Contact Us At
(203) 881-3255
www.nvhd.org

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#naugvalleyHD



Monkeypox: What You Should Know

Monkeypox is a rare disease that is caused by infection with the monkeypox virus. The natural reservoir of monkeypox remains unknown, however it has been found in multiple states across the country and continues to be a RARE communicable disease. It is not clear how people in the United States have been exposed to monkeypox, but early data suggests that it can be transmitted during sexual and intimate contact, as well as with personal contact and shared bedding/clothing.

As of June 6, 2022, **zero (0)** cases of monkeypox have been reported in the State of Connecticut.

What are signs and symptoms of Monkeypox?

- Signs and symptoms include fever, swollen lymph nodes, sores in the mouth and throat, a rash, and eye irritation or redness.

How can Monkeypox be passed on from one person to another?

- One mode of transmission is unprotected contact with respiratory droplets (i.e., a sneeze), lesion material (i.e. oozing from skin), body fluids (i.e., blood) and contaminated materials and surfaces.
- The virus can enter through the respiratory tract, eyes and mouth, and broken skin (i.e., an animal bite).

How do I test for Monkeypox?

- If you have any concerning symptoms, you should seek medical care immediately.
- Testing is available only through the CDC and requires approval before test submission. You can obtain approval by calling the State Department of Public Health emergency line at (860) 509-7994.

- Risk factors include travel history, history of close contact with known or suspected case, and men who regularly have close or intimate contact with other men.

I tested positive for Monkeypox. What should I do?

- Isolate for 21 days and monitor symptoms- patients are infectious once symptomatic and until scabs have fallen off and new skin has formed over lesions.
- Notify close contacts of positive result.

I was around someone who tested positive for Monkeypox. What should I do?

- Close contacts of someone who has Monkeypox need to monitor for 21 days after last exposure.
- Monitor for signs and symptoms. If any occur, inquire about testing.

If you have any questions regarding Monkeypox, please visit <https://www.cdc.gov/poxvirus/monkeypox/index.html>.

Source: CDC/ State of Connecticut Department of Public Health

THIS MONTH'S

COVID-19

VACCINE CLINIC

SCHEDULE

Friday 6/3 2-4 PM
@ NVHD
Pfizer (5-11 & 12+),
Moderna (18+)

Friday 6/10 2-4 PM
@ NVHD
Pfizer (5-11 & 12+),
Moderna (18+)

Friday 6/17 2-4 PM
@ NVHD
Pfizer (5-11 & 12+),
Moderna (18+)

Friday 6/24 2-4 PM
@ NVHD
Pfizer (5-11 & 12+),
Moderna (18+)

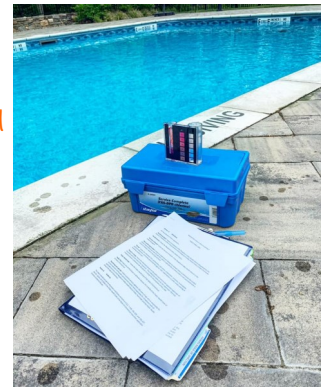
Please call (203) 881-3255 ext. 108 for an appointment. Appointments are REQUIRED for 5-11 year olds.



WHAT IS NVHD UP TO THIS MONTH?

Pool Season Has Arrived!

Sanitarians at the District have begun annual inspections of all indoor and outdoor public pools for safety violation and sanitation measures that help control the spread of water-borne disease. The pool operator will receive an annual permit after obtaining a passing inspection. Additional inspections are done to monitor these pool facilities as needed and staff conduct complaint-based inspections.



Last month, NVHD held a virtual QPR Suicide Prevention training. With its great success and conversation, we are holding another training on Thursday, June 23rd at 6-7:30 PM! This training will be held in-person at the NVHD office.

Registration is required! Please call Gabrielle at (203) 881-3255 ext. 108 or email gdiaz@nvhd.org to register.



American Red Cross
Connecticut and
Rhode Island Region

Protect yourself from the heat! Join us for a FREE special presentation on Extreme Heat taught by certified presenters at the American Red Cross. This event will be held in-person at the NVHD office on Thursday, June 16 starting at 5:30-6:30 PM. With any questions, please contact Amanda at (203) 881-3255 ext. 117 or email

amichaud@nvhd.org.

Register on our Eventbrite by scanning the QR code on your smartphone:



For the month of June, NVHD is partnering with the Naugatuck Animal Control for our donation drive. Their most needed items are as follows: sensitive skin and stomach dog food (either wet or dry), wet and dry cat food, marrow bones, dog treats, all sizes of nylon and martingale collars, nylon leashes, harnesses, towels and throw blankets, cat litter, pee pads, heavy duty dog toys, and Kongs and Kong fillers.

All donations can be delivered to NVHD or the Naugatuck Animal Control directly. Contact Amanda at (203) 881-3255 ext. 117 or amichaud@nvhd.org with any questions.